

Eminent Speakers

Dr. Sudhir Bhandari
Dr. Vimal Kumar Sharma
Dr. Anil Sharma
Dr. Rama Shankar Yadav
Dr. Lokendra Sharma

National Conference On
**Psycho - Socio & Educational Challenges During COVID Era and
Overcoming Strategies**

July 27, 2020

SCHEDULE

Welcome Address by Dr. V. Ramanathan	6:15 PM - 6:17 PM
Talk to Theme by Dr. Laxman Yadav	6:17 PM - 6:20 PM
Talk by Dr. Sudhir Bhandari	6:20 PM - 6:40 PM
Talk by Dr. Rama Shankar Yadav	6:40 PM - 7:00 PM
Talk by Dr. Vimal Kumar Sharma	7:00 PM - 7:20 PM
Talk by Dr. Anil Sharma	7:20 PM - 7:40 PM
Talk by Dr. Lokendra Sharma	7:40 PM - 8:00 PM
Panel Discussion Moderated by Dr. Laxman Yadav	8:00 PM - 8:55 PM
Vote of Thanks by Dr. Shishir Gaur	8:55 PM - 9:00 PM

Overall Faculty Coordinator - SCS - Dr. Shishir Gaur

Faculty Coordinators - SCS Wellness Team

Dr. Ruchir Gupta

Dr. Sukhada

Dr Shreyans Kumar Jain

Student Members:

Mr. Alavelli V. Neeraj - Convenor, SCS

Mr. Parth Wellness Team Head, SCS

Miss. Raichel Elsa Thomas - Co-Convenor

Mr. Naveen Kumar Mall - Co-Convenor

Wellness Team Coordinators

Mr. Ankit Jaiswal

Miss. Avani Malviya

Miss. B. Rajasree Reddy

Mr. Anmol Varshney

Psycho-Socio and Educational challenges During COVID-19 Era and Overcoming Strategies

6:15 PM
27
JULY
2020

Chief Patron: Prof Pramod Kumar Jain - Director IIT (BHU) Varanasi

Organizing Committee Chairman: Dr. V. Ramanathan

Co-chairman: Dr. Shishir Gaur

Co-chairman: Dr. Laxman Yadav

Venue:- FB Live on SAKHA- Student Counselling Services



Dr. Sudhir Bhandari is controller and principal at SMS Medical College & Hospital. He is a renowned physician and Diabetologist & Fellow of Royal College Physicians (FRCP), London & Edinburgh .He was bestowed with Rotary Foundation Fellowship in Diabetes and Metabolic Diseases at Cardiff (UK) and has been awarded Fellowship of American College Of Endocrinology (FACE), Fellowship of American College Of Physicians (FACP), Fellowship of Indian College Of Physicians (FICP), Fellowship of Diabetes in India (FDI). He has Published 80 articles in prestigious medical journals.



Dr. Ram Shankar Yadav is a faculty in the area of Human Resource Management at Indian Institute of Management Rohtak. He has completed Fellow Program in Management (FPM) from Indian Institute of Management Ahmedabad. Prior to IIM Rohtak, he was teaching at Banaras Hindu University, Varanasi. Dr. Yadav is an Associate Editor for Indian Journal of Human Relations and Indian Journal of Social Science Researches.

Dr. Vimal Kumar Sharma is a Professor of Global Health Research at University of Manchester. He is Vice Chair of Global Rural Mental Health section of the World Psychiatric Association. He served as Medical Director and Director of Research for CWP NHS Trust. He also served as Deputy Lead for the Northwest MHRN hub and Royal College of Psychiatrists' examiner.



Mr. Laxman Yadav, holds a Masters in Clinical Psychology and a Post Graduate in Counselling and Psychotherapy, Ph.D in clinical psychology (Pursuing) from the prestigious Banares Hindu University. Specialising in Cognitive Behaviour Therapy (CBT) and Eye Movement Desensitisation and Reprocessing Therapy (EMDR), he has counselled hundreds of patients, with various psychological disorders, primarily at the Institute of Medical Science, BHU. He is currently working as a Counselling Psychologist at Varanasi, UP.



Dr. Anil Sharma is an Assistant Clinical Professor at UCLA School of Medicine. He is a board-certified Psychiatrist and clinical pharmacologist. Expert in psychotic disorders, addiction and substance abuse, Dr. Sharma holds various medical director and Chairman positions at inpatient psychiatric hospitals and substance abuse programs. With more than 25 years of medical experience, Dr. Sharma serves as one of the founding partners of Asclepes Research Centers located in Panorama City, California. He is committed to advancing the care and treatment within the mental health arena..

Dr. Lokendra Sharma is senior professor in pharmacology at S.M.S. Medical college, Jaipur. He has published 50 national and international research articles. He has presented his research work in international conferences (Australia, USA, Vietnam, Japan). He is working in international collaboration with Manchester University, UK on numerous projects. He has received prestigious WHO fellowship.



These unsettling times bring great uncertainties for students. The basic social, educational and economical fabric is changing dramatically throughout the world. A social animal is now bound to follow social distancing. We have geared up physically with masks, gloves and sanitisers, but are we geared up mentally is the question. Staying at home and studying online creates a new spectrum of psychological challenges.

So, we will be discussing the mental tool kit required to deal with this pandemic. We will be knowing the secret to develop a constructive mindset to tackle the challenges ahead. We will fight this confusion with a progressive approach.